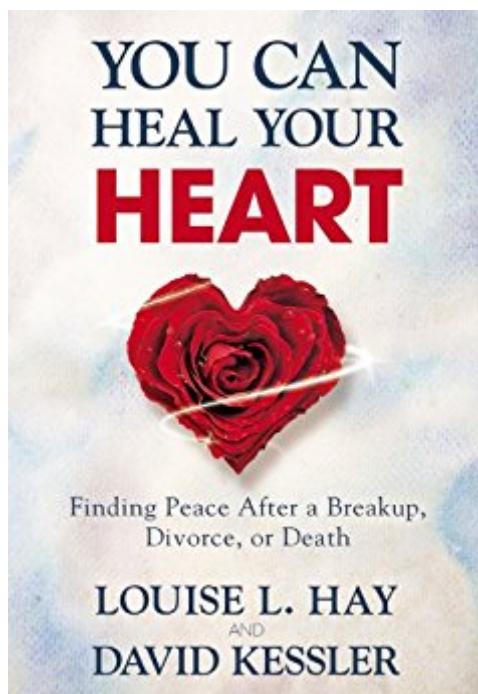


The book was found

# You Can Heal Your Heart: Finding Peace After A Breakup, Divorce, Or Death



## **Synopsis**

In You Can Heal Your Heart, self-empowerment luminary Louise Hay and renowned grief and loss expert David Kessler have come together to start a conversation on healing after loss. Louise and David discuss the emotions and thoughts that occur when a relationship leaves you brokenhearted, a marriage ends in divorce, or a loved one dies. They will also help you develop greater self-awareness and compassion, providing you with the courage and tools to face many other types of losses and challenges, such as saying good-bye to a beloved pet, losing your job, coming to terms with a life-threatening illness or disease, and much more. With a perfect blend of Louise's affirmations and teachings on the power of your thoughts and David's many years of working with those in grief, this remarkable book will inspire an extraordinary new way of thinking, bringing profound love and joy into your life. You will not only learn how to harness the power of your grief to help you grow and find peace, but you will also discover that, yes, you can heal your heart.

## **Book Information**

File Size: 1571 KB

Print Length: 219 pages

Publisher: Hay House, Inc. (February 4, 2014)

Publication Date: February 4, 2014

Sold by: Digital Services LLC

Language: English

ASIN: B00F8KX75W

Text-to-Speech: Enabled

X-Ray: Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #13,921 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #11 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Death & Grief #15 in Books > Parenting & Relationships > Family Relationships > Divorce #44 in Books > Self-Help > Relationships > Love & Loss

## **Customer Reviews**

I absolutely loved this book. It was written with compassion and feeling for those who have lost loved ones. It helps you to think about how you want to continue on with your life after a death and provides daily affirmations to help you do this.

The sale and receipt of the order was without issue. The content of this audiobook is truly amazing and very understandable. I highly recommend this audiobook for anyone facing a loss in their life - whether due to death or divorce.

This is a beautiful book. I read it while grieving the death of my partner to cancer. It offers bits of wisdom not readily found in run of the mill grief texts. Highly recommended.

This book came into my life at the perfect time as I am dealing with a breakup and the death of a loved one. The book is beautifully written and provides several examples of real life stories which I found very useful and powerful. The affirmations throughout the book are extremely helpful. It is amazing how much our thinking impacts our lives. Thank you for this book! I also appreciate that a chapter on pets was included.

...this wonderful book assisted me through a very painful breakup. Not only did it help me love that man in a way I'd not loved him while we were together, but more importantly, it showed me that I needed to and how to increase my self love. So healing. And for this I am very grateful. Namaste.

This book was a nice read I enjoyed all the affirmations noted in the chapters. I recommend this book to whom ever is looking to understand life.

Excellent advice on grief work. Wish I read it sooner!

Finished reading in quick time. Excellent book packed with simple, yet incredibly powerful tools and insights. Definitely worth adding to your library.

[Download to continue reading...](#)

You Can Heal Your Heart: Finding Peace After a Breakup, Divorce, or Death  
Your Breakup - Your Blessing. Breakup Self-Help: How to Live Before, During and After Divorce - Legal and Financial Advices  
The Breakup Bible: The Smart Woman's Guide to Healing from a Breakup or Divorce  
The Optimist's Guide to Divorce: How to Get Through Your Breakup and Create a New Life You Love

Learn What To Expect In Your Divorce So You Can Stop Worrying: Experienced New Jersey Divorce Attorneys Explain How To Protect What Matters Most To You Animal Reincarnation & Animal Life After Death - Answers Your Heart's Questions re Pet Loss, Afterlife, After-death Communication You Never Give Me Your Money: The Beatles After the Breakup DIVORCE: Think Financially, Not Emotionally® Volume I: What Women Need To Know About Securing Their Financial Future Before, During, And After Divorce DIVORCE: Think Financially, Not Emotionally® Volume II: What Women Need To Know About Securing Their Financial Future Before, During, And After Divorce DIVORCE: Think Financially, Not Emotionally® Volume I: What Women Need To Know About Securing Their Financial Future Before, During, and After Divorce (Volume 1) DIVORCE: Think Financially, Not Emotionally® Volume II: What Women Need To Know About Securing Their Financial Future Before, During, and After Divorce (Volume 2) Peace Within: Clear Your Mind, Open Your Heart, Embrace Your Soul and Heal Your Life Happy Divorce: How to turn your divorce into the most brilliant and rewarding opportunity of your life! The Haywire Heart: How too much exercise can kill you, and what you can do to protect your heart Befriending Your Ex after Divorce: Making Life Better for You, Your Kids, and, Yes, Your Ex The Official Teen Survival Guide For Getting Over A Breakup: 22 Steps You Can Take Right Now to Begin Healing Why You Don't Need A Divorce Attorney: One Paralegal's Take On Divorce, Responsibility And Compromise Will I Ever Be Free of You?: How to Navigate a High-Conflict Divorce from a Narcissist and Heal Your Family How to Do Your Own Divorce in California in 2017: An Essential Guide for Every Kind of Divorce How to Do Your Own Divorce in Texas 2017 - 2019: An Essential Guide for Every Kind of Divorce

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)